

October 2025

Dear Parents and Carers

At George Eliot Academy, we are committed to supporting every pupil's personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE provides young people with the knowledge, understanding, attitudes and practical skills they need to lead safe, healthy and fulfilling lives, and to reach their full potential.

Over the course of this academic year, your child will take part in a series of Character Sessions and drop-down days focusing on the Relationships and Sex Education (RSE) element of the PSHE curriculum. These sessions are designed to help pupils develop the confidence and understanding required to build positive, respectful relationships and to prepare them for life in the modern world. Pupils will also have opportunities to ask questions in a safe and supportive environment.

PSHE education is delivered across all year groups and is regularly reviewed and monitored by our teaching staff. You can find further details about our PSHE curriculum on our school website: <https://www.georgeeliotacademy.org.uk/page/?title=PSHCEE&pid=127>. All PSHE lessons take place in a safe, respectful learning environment and are underpinned by our school's ethos and values.

In line with the statutory guidance introduced in September 2020, all pupils are required to participate in RSE lessons. This means that:

- Parents cannot withdraw their child from any aspect of Relationships Education or Health Education.
- Parents may withdraw their child (following discussion with the school) from some or all aspects of Sex Education that fall outside of the science curriculum, up to and until three terms before the child turns 16.
- After this point, if a pupil wishes to receive Sex Education, the school will make arrangements for them to do so.
- Where a pupil is withdrawn, the school will ensure that they continue to receive appropriate and purposeful education during that time.

As a school community, we value our partnership with parents and carers. Recent feedback on our RSE policy has shown strong support for our approach to Relationships and Sex Education. If you would like to learn more about the programme or discuss any concerns, please do not hesitate to contact me via email at sophie.smith@georgeeliotacademy.org.uk.

Yours sincerely

Miss S. Smith
Head of Personal Development



Principal: Mrs H Zakary

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